

Competition 4 – Grantham Running Club Grand Prix Series

	Men	Rd No																				
Pos	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15a/b	16	17	18	19	20	Best 6 Total
1	Robert Howbrook		77.10		83.18	83.06			78.71		78.68				82.09	81.12	78.62	78.71				486.87
2	Matthew Kingston-Lee	81.04	79.70		81.14		81.26							82.70		78.74		77.26				484.57
3	Robert McArdle	71.70			71.80	72.37				67.47		70.03		70.26	71.06	69.39		67.07				427.22
4	Paul Davis	66.23	68.45	71.91		74.56			68.51						71.87	66.60		61.35				421.90
5	Peter Bonner	61.55	63.04		66.85	68.29	65.56	62.60	64.80			69.75			68.09	67.91	66.82	64.97		68.18		409.08
6	Matthew Williamson	63.58	63.90	66.54	66.04	67.15	66.31				67.55											397.50
7	Gav Meadows	66.05	67.79	68.14	70.97					67.81												340.76
8	Chris Limmer	74.21	73.94					57.63								73.08		58.16				337.03
9	Andrew Pask			67.31	65.64											64.84	67.61			66.65		332.05
10	Kevin Kettle									64.68			64.55			65.33	64.76	64.49				323.80
11	Paul Durham		55.81	63.61		69.07				66.03				66.18								320.71
12	Martin Carter		50.91	52.74		54.79							54.19				50.34		54.09			317.06
13	Tony Johnson			78.26		79.97	77.38										57.75					293.36
14	Brendon Buckley		54.21			56.18							57.01				55.39	55.26				278.05
15	Andy Atter	63.45				69.36							68.52							64.34		265.67
16	Dean Riggall					66.12	67.69										60.10			66.50		260.41
17	Richard Payne					66.61		63.12		61.83					68.46							260.02
18	Stuart Baty									58.57			60.24			61.41		59.04				239.27
19	Scott Jones					69.35							69.49				68.66					207.51
20	Nev Chamberlain					67.79	66.09				66.26											200.14
21	Mark Hillson		64.22														63.11	64.58				191.91
23	Tommy Napier		58.03	58.58		65.10																181.71
22	Adrian Walker		58.42										60.64		62.63							181.69
24	Ben Mason	58.45	59.29				57.89															175.63
25	Liam Vincent	54.26	56.59			62.44																173.29
26	Gavin Skinner									53.80			57.86				54.96					166.62
27	Simon Hartley															51.73		49.96	55.22			156.91
28	Robert Braker																68.69	69.48				138.17
29	Matthew Atter																68.45			68.90		137.35
30	Tommy Williamson		65.17			66.36																131.53
31	Gordon Geach	63.75															62.55					126.30

14	Yvonne Buckley		55.75								59.15				56.61					171.51
15	Nicola Fahy							54.70			60.21				54.06					168.98
16	Vicky Willan		49.98		55.05											53.53				158.56
17	Rachael Smith		57.70														60.10			117.80
18	Magaretta Murray		55.85												61.02					116.87
19	Sue Swann		50.54		57.79															108.33
20	Angela Carr				52.58						54.06									106.64
21	Hazel Dunthorne		50.53															55.87		106.40
22	Kirsty Truesdale															50.08	54.80			104.89
23	Bianca Parnaby		50.47		52.33															102.80
24	Julie Riggall														49.37			52.49		101.86
25	Yvette Taylor				51.06						49.84									100.90
26	Julia Colville		49.55		51.18															100.73
27	Lucinda Gamble										50.51				49.16					99.67
28	Lizzie Potter		49.47												48.92					98.39
29	Louise Fenton		47.38	47.50																94.88
30	Lynn Fisher				46.68						45.72									92.39
31	CJ Walker				46.40						39.61									86.01
32	Hannah San Jose															65.62				65.62
33	Claudette Joint																61.95			61.95
34	Rachel Birch		58.62																	58.62
35	Belinda Baker										56.55									56.55
36	Karen Karling				55.98															55.98
37	Belinda Baker				54.95															54.95
38	Tracey Smith																	51.46		51.46
39	Kathleen Gray										49.78									49.78
40	Edina Burns										47.85									47.85
41	Justyna Gill														47.45					47.45
42	Beverley Toon										45.53									45.53
43	Tracy Footitt				45.02															45.02
44	Sara Pask				40.56															40.56
45	Hayley Staff															30.34				30.34

Round Details

1. Folksworth 15 – Sunday 22nd January 2017
2. Newton's Fraction Half Marathon – Sunday 5th March
3. Sleaford Half Marathon – Sunday 7th May
4. Lincoln 5k – Tuesday 23rd May
5. Woodhall Spa 10k – Sunday 4th June
6. Nottingham 10 Mile – Friday 16th June
7. Hungarton 7 – Wednesday 5th July
8. Whissendine 6 Mile – Friday 7th July
9. Notfast 10km - Sunday 9th July
10. Heckington 10 Mile – Saturday 29th July
11. Peterborough 5k Series (Werrington) – Wednesday 2nd August
12. Sleaford 10km – Friday 11th August
13. Thorney 5 - Sunday 20th August
14. Bassingham Bash 5 Mile Road Race - 2 September 2017

- 15a Melton Mowbray parkrun – 9 September 2017

16. Great Eastern Run – 8 October 2017
 15b Rutland Water parkrun – 21st October 2017
17. Belton House parkrun (2nd Year Anniversary) – Saturday 4th November
18. Rockingham 10k – Sunday 5th November
19. Rockingham 10 Mile – Sunday 5th November
20. Keyworth Turkey Trot - Sunday December 10th

The following race was cancelled: Notts 5 Mile Road Race – Wednesday 20th July. It was replaced with Bassingham Bash 5 Mile Road Race - 2 September 2017

The cancelled Rutland Water parkrun on September 9th was replaced by Rd 15a at Melton Mowbray parkrun on 9th September, and Rd 15b Rutland Water parkrun on 21st October. Members can take part in both events; the highest score from either parkrun will be counted.