



## 2020 Grantham Running Club GP Series Round Details

<b>Rd Number</b>	<b>Race Name</b>	<b>Date</b>	<b>Distance</b>	<b>Notes</b>
1	The Oundle New Year 10k	Sunday January 12 2020	10K	
2	Stamford 30K	Sunday February 16 2020	30K	Transfer List Open
3	Retford Half Marathon	Sunday March 8 2020	HM	Entries Available
4	Sleaford Half Marathon Gainsborough & Morton	Sunday March 15 2010	HM	Entries Available
5	10K	Sunday March 22 2020	10K	Transfers close 24/2
6	Belvoir Half Marathon	Sunday April 5 2020	HM	Entries Open
7	Langtoft 10K	Sunday May 3 2020	10K	Entries Open
8	Lincoln 1Mile / 5K	Tuesday May 26 2020	1 Mile / 5K	TBC
9	Woodhall Spa 10K	Sunday June 7 2020	10K	Entries reopen 22/2
10	City of Lincoln 10K	Sunday June 14 2020	10K	Entries Open
11	Whissendine 6ix	Friday July 10 2020	6 Miles	Date Confirmed
12	Werrington 5K	Wednesday 29 July 2020	5K	TBC
13	Sleaford 10K	Friday 7 August 2020	10K	TBC
14	Bassingham Bash 5 Mile	Saturday August 29 2020	5 Miles	TBC
15	Saxilby 5k	Sunday 6 September 2020	5K	Entries Open
16	Newton's Fraction Half Marathon	Sunday 4 October 2020	HM	TBC
17	Perkins Great Eastern Run	Sunday 11 October 2020	HM	TBC
18	Derby 10 Mile	Sunday 15 November 2020	10 Miles	Entries Open
19	Doncaster 10K	Sunday 22 November 2020	10K	TBC Entries Open March
20	Doddington Hall parkrun	TBC	5k	TBC
21	Mallory Park Winter Series	Sunday 27 December 2020	1M, 5K, 10K	TBC

## GP Series Rules and Notes

The best 6 scoring races out of the 20 races are to count. There is no obligation to take part in any of the races should you not wish to. There is at least one race over the 'classic' distances: 5K; 5 Miles; 10K; 10 Miles; and Half Marathon\*.

A 'score' is simply your age grade from a race converted into points i.e  $64.56\% = 64.56$  points.

Runners will be able to nominate one 'joker' race that isn't on the calendar to be included in their results and, depending on the score, included in their best of six to count.

The event nominated for a joker can be any road race in the world with a certificate of accuracy. This may well include a marathon, which is a distance notably omitted from the GP Series.

The event chosen to be your 'joker race' must be nominated at least 24 hours in advance of the race taking place. You aren't able to retrospectively nominate a race you took part in, so choose carefully!

Where events have more than one race taking place e.g. Mallory Park Winter Series, runners can choose to take part in one or more races. Where more than one race is completed, the highest age graded performance will count for the GP Series.

There are currently 21 rounds on the calendar. If one race is cancelled / doesn't take place it will not be replaced. If more than one race is cancelled / doesn't take place, an alternative will be sought to try and have 20 races.

\* Subject to scheduled races taking place