

## 2019 Grantham Running Club 10K Handicap – Thursday 11<sup>th</sup> July 2019

Position	Name	Predicted Finish	Actual Finish	Variation	Club
		Time	Time		
1	Jacqueline Jacobs	01:07:10	01:01:45	-00:05:25	GRC
2	Martyn Pickworth	00:55:38	00:52:20	-00:03:18	Striders
3	Keith Measures	01:03:25	01:00:43	-00:02:42	GAC
4	Alan Buckberry	01:03:29	01:01:02	-00:02:27	Striders
5	Sarah Steele	01:05:00	01:03:02	-00:01:58	Striders
6	Maureen Runacres	00:53:12	00:51:29	-00:01:43	Striders
7	Joe Pell	00:45:24	00:43:48	-00:01:36	Striders
8	Kathleen Gray	00:59:05	00:57:45	-00:01:20	GRC
9	Dale Towing	00:54:53	00:53:39	-00:01:14	GRC
10	Phil Devine	00:38:36	00:37:39	-00:00:57	GRC
11	Ben Lilley	00:46:15	00:45:19	-00:00:56	Striders
12	Kim Duffy	00:50:18	00:49:25	-00:00:53	Striders
13	Stephen Fay	00:56:40	00:56:09	-00:00:31	GRC
14	Alison Robins	01:05:52	01:05:26	-00:00:26	Striders
15	Ros Sadler	00:55:39	00:55:13	-00:00:26	GRC
16	Sylv Hull	00:57:14	00:56:49	-00:00:25	GRC
17	Nev Chamberlain	00:52:27	00:52:02	-00:00:25	GRC
18	Yvette Taylor	01:03:54	01:03:34	-00:00:20	GRC
19	Samuelle French	01:07:45	01:07:28	-00:00:17	GRC
20	Charlotte Robinson	00:56:05	00:55:48	-00:00:17	Striders
21	John Nevard	00:53:32	00:53:16	-00:00:16	GRC
22	Simon Allsopp	00:51:20	00:51:12	-00:00:08	GRC
23	Sam Warren	00:44:29	00:44:25	-00:00:04	Striders
24	Carole Pigott	01:00:59	01:00:58	-00:00:01	GRC
25	Sam Jepson-Rivers	00:42:31	00:42:34	00:00:03	GRC
26	Ben Mason	00:50:00	00:50:04	00:00:04	GRC
27	Vicky Geeson	01:10:50	01:10:55	00:00:05	GRC
28	Andy Dickenson	00:43:29	00:43:36	00:00:07	Striders
29	Ann Riddell	01:03:11	01:03:19	00:00:08	Striders
30	Kate Hutton	00:51:26	00:51:35	00:00:09	Striders
31	Russell Maksymiw	00:44:51	00:45:06	00:00:15	GRC
32	Cliff Maddison	00:45:29	00:45:55	00:00:26	Striders
33	Jonathan Palmer	00:34:17	00:34:43	00:00:26	GRC
34	Tommy Napier	00:50:29	00:51:05	00:00:36	GRC
35	Iain Bailey	00:34:44	00:35:22	00:00:38	Striders
36	Amanda Pickworth	01:03:22	01:04:03	00:00:41	Striders
37	Tracey Sunman	00:51:02	00:51:44	00:00:42	Striders
38	Michelle Hird	01:08:08	01:08:53	00:00:45	Striders
39	Wayne Baxter	00:53:11	00:53:57	00:00:46	GRC
40	Rachael Pattison	00:55:09	00:56:03	00:00:54	GRC
41	Kate Marshall	00:57:26	00:58:09	00:00:55	GRC
42	Tracey Gell	01:03:43	01:04:41	00:00:58	GRC

43	Holly Durham	00:43:05	00:44:03	00:00:58	GRC
44	Philippe Leroy	00:53:25	00:54:24	00:00:59	Striders
45	Edina Burns	01:04:42	01:05:41	00:00:59	GRC
46	Jason Palmer	00:43:23	00:44:25	00:01:02	Striders
47	Kirsty Hewson	01:08:23	01:09:10	00:01:02	Striders
48	Julie Gilbert	00:54:12	00:55:15	00:01:03	GRC
49	Lindsay Stuart	00:49:22	00:50:30	00:01:08	Striders
50	Joaquim Jeronimo	00:37:46	00:38:55	00:01:09	GRC
51	Matthew Atter	00:41:14	00:42:26	00:01:12	GRC
52	Caroline Davies	00:49:34	00:50:50	00:01:16	GRC
53	Paul Rushworth	00:43:37	00:45:02	00:01:25	GRC
54	Sam Dodwell	00:43:53	00:45:19	00:01:26	GRC
55	Nick Rossington	00:43:11	00:44:39	00:01:28	GRC
56	Sarah High	00:53:03	00:54:36	00:01:33	GRC
57	Paul Davidson	00:43:44	00:45:17	00:01:33	GAC
58	Richard Payne	00:39:45	00:41:20	00:01:35	GRC
59	Matthew Lennard	00:47:06	00:48:42	00:01:36	Striders
60	Hannah San Jose	00:47:38	00:49:16	00:01:38	GRC
61	Mandy Dallorzo	00:57:34	00:59:14	00:01:40	Striders
62	Kevin Kettle	00:44:44	00:46:24	00:01:40	GRC
63	Nicola Cottham	00:50:35	00:52:20	00:01:45	GRC
64	Sarah Breeds	00:56:02	00:57:48	00:01:46	Striders
65	Adam Gilbert	00:41:25	00:43:12	00:01:47	Striders
66	John Hutton	00:44:39	00:46:38	00:01:59	Striders
67	Mark Tucker	00:47:00	00:49:00	00:02:00	GAC
68	Mark Toms	00:44:54	00:46:59	00:02:05	GRC
69	Graham Park	00:40:12	00:42:17	00:02:05	No Club
70	Amanda Hetherington	01:03:43	01:05:50	00:02:07	GRC
71	Dave Burton	00:41:29	00:43:42	00:02:13	Striders
72	Michelle Parczuk	00:47:57	00:50:14	00:02:17	GRC
73	Alexandra Platt	01:04:30	01:06:49	00:02:19	GRC
74	Howard Rudder	00:59:51	01:02:11	00:02:20	GRC
75	Mick Durkin	00:47:27	00:49:52	00:02:25	Striders
76	Paul Jepson	00:50:52	00:53:32	00:02:40	GRC
77	Dawn Bailey	00:53:05	00:56:03	00:02:58	Striders
78	Sarah Chynoweth	00:40:57	00:43:57	00:03:00	GRC
79	Judi Allsopp	01:08:43	01:11:36	00:03:13	GRC
80	Clive Holden	01:02:55	01:06:08	00:03:13	Striders
81	Mark Alan Page	00:39:22	00:42:38	00:03:16	Striders
82	Vicky Hardy	00:54:40	00:58:02	00:03:22	GRC
83	William Tucker	00:34:03	00:37:26	00:03:23	GAC
84	Justyna Gill	00:59:56	01:03:35	00:03:39	GRC
85	Tracey Webb	00:57:41	01:01:50	00:04:09	GRC
86	Neil Jameson	00:59:31	01:03:57	00:04:26	GRC
87	Graham Riddell	00:50:39	00:56:28	00:05:49	Striders
88	Claire Fritz	01:01:01	01:07:21	00:06:20	GRC
89	Ted Preston	01:10:50	01:17:37	00:06:47	No Club
90	Kristina Clarke	01:10:00	01:17:02	00:07:02	Striders

91	Mark Page	00:48:34	00:55:39	00:07:05	Striders
92	Mark Sharpe	00:49:48	00:56:44	00:07:08	Striders
93	Gabi Bishop	01:10:50	01:18:08	00:07:18	No Club
94	Tracey Dickenson	00:56:00	01:03:50	00:07:50	Striders
95	Ben Hatherly	00:43:00	00:51:14	00:08:24	GRC
96	Greg Southern	00:35:34	00:45:52	00:10:18	Striders
97	Mark Arnot	00:49:25			Striders

GRC – Grantham Running Club

GAC – Grantham Athletic Club

Striders – Sleaford Striders