



Reciprocal Rights Training Application Form

Form to be completed by every runner training with, but not already registered with, Grantham Athletic Club
(BLOCK LETTERS please or tick/ circle the appropriate box. Complete **both** sides of the application form.)

SURNAME		Mobile Phone number
FIRST NAME		Consent to add phone number to WhatsApp group
ADDRESS		Yes <input type="checkbox"/> No <input type="checkbox"/>
		Email Address (please print)
TOWN		SEX Male <input type="checkbox"/> Female <input type="checkbox"/>
POSTCODE		Other (please specify gender type) <input type="checkbox"/>

Emergency Contact Details – Please provide the details of the person to be contacted in the event of an emergency.

Consent to add contact details to a club WhatsApp (information updates) group Yes No

Contacts Name	
Relationship to you	
Phone Number	
Address	

Please list any medical conditions or medications that your doctor has advised you to make club officials aware of (in strict confidence) e.g. asthma & inhaler. Advice and information on banned substances can be found at: www.englandathletics.org/england-athletics/anti-doping. Continue on a separate sheet if required.

Inhalers must also be registered with UK Athletics here: <https://wp.me/a7kQcz-sx>

Inhaler users: Please tick the box to confirm that the necessary paperwork has been submitted to UK Athletics.

EA number	
Name of first-claim club	

Use of Personal Data - Grantham Athletic Club requires your consent to use your personal information and/or image for purposes other than membership and operation of the club, such as promotional and online activities and marketing.

To assist you in making an informed decision about whether to give us permission to use your personal data, further information on each of the uses below is available on our website at granthamac.com/dataprotection/

Tick if you consent to:

- being photographed/ recorded during training by photographers known to the club or the accredited press, and for your/ their name, age and image to be published:
- being photographed/ recorded for the purposes of the club's website and social media:
- receiving communications about sporting fixtures, club news and achievements including WhatsApp group:
- receiving relevant athletics-related marketing communications (e.g. non-GAC sporting events you may wish to enter, or Lincolnshire Runner promotions or sales. We will never pass your address to anyone else for this purpose):

Finally: I agree to abide by the track safety and etiquette rules as detailed on page 3

Signed:

Date:

Payment

BACS Payment details: Sort code: 05-04-42 Account Number: 50070166

You *must* use the athlete's name and date of training as the reference otherwise payments cannot be allocated to athletes – thank you

Please email honsec4gac@hotmail.co.uk to confirm payment has been made, thank you.

Hand in the completed RRA form to the registration desk on a Wednesday training night, or email completed copy to honsec4gac@hotmail.co.uk

Thank you

Declaration - I hereby apply to train with Grantham AC and agree to the rules of the Club (and its governing bodies) and to pay the applicable fees. I have disclosed any medical issues / medicines that the Club need to be aware of. I consent to the use of my personal data for the purposes indicated above.

Signed

Date



Athletes and family members attending the stadium or club meetings/competitions must observe the following rules and points of etiquette:

- 1) The junior session (summer time only) runs from 6:00 pm - 7:00 pm. The senior session runs from 7:00 pm. - 8:30 pm. Senior athletes may not go onto the track before 7:00 pm.
- 2) Lanes 1, 2, & 3: may only be used for middle distance training (i.e. 400m or more). When walking/ jogging/ recovering from a run, athletes should use Lane 3 (third nearest to the inner field), and should use single file so as not to impede other athletes.
- 3) Lanes 4, 5, 6 7 & 8: may only be used for sprint and hurdles training, When returning to starting positions after a run, athletes should return via the outer edge of the track (nearest to Lane 8), so as not to impede other track users.
- 4) No athlete may cross the field at any time, even if no throwing activities appear to be taking place.
- 5) No one is permitted to take any equipment from the store unless they have been given permission to do so by a Grantham Athletic Club coach.
- 6) Nobody is permitted to enter the store unless they have been given permission to do so by a Grantham Athletic Club coach.
- 7) Coaches are volunteers who give up their time in order to help all athletes. It is not their duty to put away equipment that has been used by the athletes. If you use any equipment during your training session, you should help to put it away at the end of training.
- 8) Athletes and their families should be courteous at all times. Swearing and general bad language/abuse, causing problems of any sort will not be tolerated.
- 9) Athletes should not bring personal property onto the track or field. No responsibility will be assumed by the club for any loss or damage that occurs.
- 10) Please remember to thank your coach at the end of every training session.

In addition to the above, it should be noted that:

Due to updating and developments in Health & Safety and Child Protection policies, the Committee of Grantham Athletic Club wishes to remind all users of the Stadium that:

- 1) The track itself and the inner field are both strictly for the use of athletes, approved GAC coaches and GAC officials. Whilst GAC welcomes parents and siblings at training sessions, visitors must remain outside the perimeter railings at all times during training sessions.
- 2) Following guidelines set down by UK Athletics, visitors and athletes are reminded that on no account are they permitted to photograph or video anyone without that individual's express consent. In the case of a child, permission of the child's parent must be acquired. This ruling also applies to the use of camera and video phones. At official meetings cameras, videos and video phones need to be registered with the organisers of the meeting.