



Committee Meeting Minutes

Date: 3rd January 2023

Attendees: GRC Committee members

Time: 19.30

1. Apologies

None.

Actions

Task	Description	Responsible	Status
1	Upload updated Policies to the website	AP / KB	Ongoing
2	Charity fund raising ideas for the future	AP	Ongoing
3	Assist member to complete LiRF Qualification	PH & SD	Ongoing
4	Purchase more club vests	SD	Ongoing
5	Update committee roles and photos on club website	AP / KB	Ongoing
6	Investigate moving the GRC bank account into a higher interest account	JH	Ongoing
7	Get quotes for minibus hire to and from the airport for foreign trip	MA	Ongoing
8	Email all members with details of the GRC Awards Night event	DH	Ongoing
9	Co-ordinate TR24 deposits, and Facebook correspondence	KM/SH	Ongoing

10	Help organise a single club training run	PH/SH/SD	Ongoing
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2. Minutes of last meeting

The minutes of the last meeting, held on 9th November 2022, were signed off by the committee and sent out to all members.

3. Finance

Julia informed the Committee that the balance currently stood at £5,812.49.

This includes the purchase of the TR24 teams, which have now been bought and paid for.

Julia also informed the Committee that the Christmas Party generated a profit of £59.

She also updated the Committee that online banking was now set up for the club, and a club bank card was due at some point soon.

The matter of moving the current club bank account to a new, higher interest account was also discussed. Julia agreed to investigate this matter now that online banking was sorted, which had taken slightly longer than she'd hoped for.

Action: Julia to look into moving the current club bank account into a higher interest account.

4. Membership

Kate provided the membership figures update.

There are currently 211 club members, with 5 more applicants that need processing.

There is also a transfer to GRC under process.

5. Policies

No updates provided for this meeting.

6. Correspondence

No updates provided for this meeting.

7. Club Welfare

The club Welfare Officers reported no current issues or updates.

8. Club Development

Sam (Jepson) reported that he was still waiting for the Welfare training course to be redesigned and relaunched. This was expected to be March/April time.

9. Any Other Business

GRC Trip Abroad

Matthew informed the Committee that he had 45 members initially interested in the trip abroad.

Those interested were invited to join a WhatsApp group that Matthew had set up. Of those to show initial interest, 28 members are now in the WhatsApp group. 11 of those are confirmed as 'definite'.

Matthew is now going to get some quotes with regards to hiring a minibus for travelling to and from the airport.

Action: Mathew to get quotes for minibus hire to and from the airport.

Awards Night 2023

Andrew presented a spreadsheet that he has created, to set out Committee members responsibilities and actions. The Committee talked about the best way to 'promote' the event, and it was agreed to do this via an email to all members, and to post an event on the Facebook Group.

Action: When the appropriate details are finalised, Darren to email all members with details of the 2023 GRC Awards Night event.

Andrew also notified the Committee of plans to invite a guest speaker to the event, who would present the age-grading certificates, take a Q&A session from members, etc. More info would be shared with the Committee once Andrew has more information regarding this.

Fraser raised the issue of deadlines for each of the tasks required to stage the event, and it was agreed that these dates would be defined asap. It was felt that this would avoid last year's scenario, where some tasks were not completed until the very last minute. Deadlines were subsequently set before the end of the meeting.

TR24

The Committee was informed that deposits will soon be required from members wishing to take part in the 2023 TR24. This will be 50% of the total amount.

Action: Kate and Sylv to co-ordinate TR24 deposits, and Facebook correspondences.

Single Club Training Run

Vicki raised the subject of a single training run, that was proposed at the 2022 AGM. This would mean all training runs starting from the same venue, at the same time. It was hoped that this would have a similar feel to the Christmas Lights run, which brought a large number of club members together and felt like the club training runs pre-Covid (from the Meres). The frequency of this run was discussed, as was the best start time and which day of the week the run should occur. It was agreed that this could depend largely on the availability of run leaders, which could mean a single club training run would be hosted monthly, rather than weekly.

Action: Penny, Sarah & Sam (Dodwell) are to help organise a single club training run.

Beginners Group

Penny informed the Committee that the start of the Beginners course has been pencilled in for the w/c 27th March 2023.

It was hoped that the end of the course would coincide with the club 5K race, which will occur mid to late June.

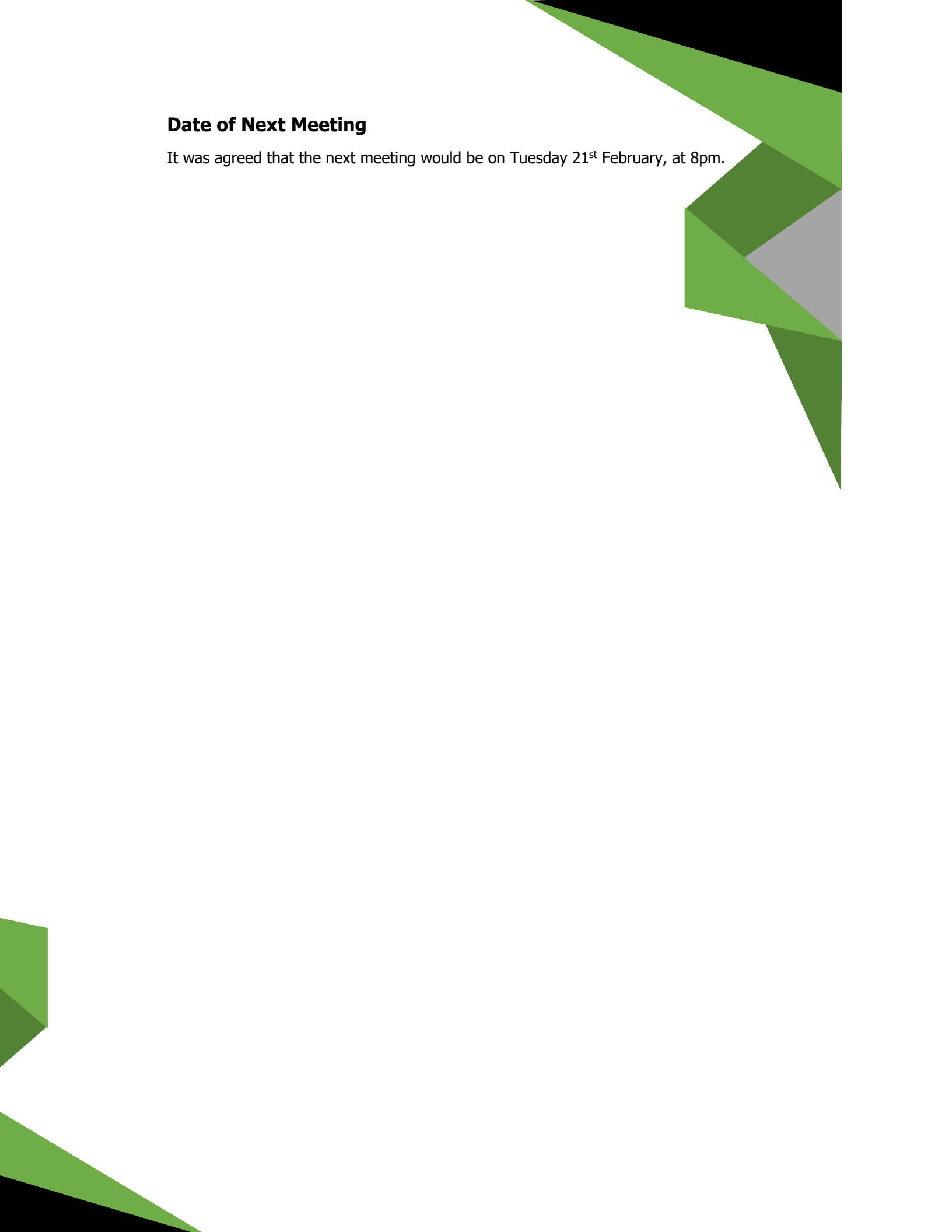
In order to help the beginners group integrate with club training once the course has finished, Penny would like to schedule the beginners training to be on Monday and Wednesday evenings. However, this would be dependent on the availability of run leaders, as it was expected that the group would be split into 3 runs.

Penny also informed the Committee that the cost would be £12 per person, but this would be confirmed nearer the time. It was agreed that certificates would be presented to the beginners on completion of the course.

2023 GP Series

Sam (Jepson) is to update the Committee with regards to the upcoming GRC Grand Prix series and asked the Committee for feedback. It was agreed that the Grand Prix would require comms to help promote the series. A continuing narrative would also help provide more updates on points, positions, etc. An explanation on how the GP works would again be sent out.

Whilst the GP races are yet to be finalised, it was agreed by the Committee that the Great Eastern Run would not be included this year.



Date of Next Meeting

It was agreed that the next meeting would be on Tuesday 21st February, at 8pm.



Committee Meeting Minutes

Date: 21st February 2023

Attendees: GRC Committee members

Time: 20.00

1. Apologies

Sarah High, Wendy Smith & Michelle Parczuk.

Actions

Task	Description	Responsible	Status
1	Upload updated Policies to the website	AP / KB	Ongoing
2	Charity fund raising ideas for the future	AP	Ongoing
3	Update committee roles and photos on club website	AP / KB	Ongoing
4	Investigate moving the GRC bank account into a higher interest account	JH	Ongoing
5	Help organise a single club training run	PH/SH/SD	Ongoing
6	Source and present Richard Hall with thank you gifts and letter	AP	Ongoing
7	Enter 2 teams of 8 for Equinox 2023	Committee	Ongoing
8	Investigate creating a generic risk assessment, to be uploaded onto the GRC website	KM	Ongoing
9	Print off the Beginners completion certificates	DH	Ongoing

10	Organise the staging of the GRC 'predicted time' run	PJ	Ongoing
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2. Minutes of last meeting

The minutes of the last meeting, held on 3rd January 2022, were signed off by the committee and sent out to all members.

3. Finance

Julia informed the Committee that the balance currently stood at £4,706.60, but there was a deduction required of £424.80 for TR24 refunds, which she has now started.

Julia also informed the Committee that she was now the 'main contact' for the club's bank account.

She will also work with Sam D, kit officer, to ensure that money was available for kit purchases.

The subject of a 'high interest' account for GRC was also discussed, with Julia explaining that due to the nature, and number, of withdrawals and incomings into the GRC account it may not be as straightforward as hoped. TR24 refunds, Equinox and membership renewals are all on the horizon so Julia agreed to investigate moving a certain amount of GRC funds into such account in more detail.

Presentation Evening

Julia presented the financial figures of the recent Presentation Evening. She had calculated that the cost per person, to the club, was £15.92. The figures also included a tip for the venue.

It was agreed that the club would 'refund' Richard Hall (and guest), as a thank you for his photography of the evening. It was also agreed that the club would present Richard with some wine, flowers, and a letter of thanks for his great work on the night.

Action: Andrew to source, and present, Richard with thank you gifts and letter.

4. Membership

Kate provided the membership figures update.

There are currently 222 club members.

First claim members – 212

Second claim members – 10

5. Policies

No updates provided for this meeting.

6. Correspondence

No updates provided for this meeting.

7. Club Welfare

No updates provided for this meeting.

8. Club Development

No updates provided for this meeting.

9. Any Other Business

Presentation Evening

There are a few trophies that need to be present to members who were unable to attend the Presentation Evening. It was agreed that this would be done asap, with the presentation shared on the club's social media platforms.

The subject of the age-grading certificates was raised, and it was suggested that next year it might be a good idea to contact members and ask them to 'claim what they believe to be their best scoring race. This would put the emphasis slightly more on to individuals and would help with any (albeit extremely small number) of issues that arose this year. This is to be discussed further.

One of the minor issues reported was the 'tech' present on the evening. It was agreed that next year, all tech would be tested beforehand (preferably earlier in the day if possible). It was also agreed that the projector would not be used next year, and an alternative would be used.

The committee was informed that although the balloons looked good, they were expensive, and this would be scaled back next year.

Those on the committee that were present at the Presentation Evening commented that the venue was good. Although the venue was about at its limit, and therefore may struggle with increased numbers, it made for a great atmosphere.

The guest speaker, Dai Greene, was deemed a success and he commented on how much he enjoyed the relaxed atmosphere that those present created.

Equinox

The Committee agreed to go ahead and purchase 2 teams (of 8) for Equinox 2023. If a 3rd team was required, then this too would be purchased.

The possibility of creating a 'social event' for members within Equinox was also discussed. This could be in the form of a daytime or evening BBQ (which are permitted at Equinox), with all members invited (regardless of whether they are running or not). This will be discussed further.

Action: Enter 2 team of 8 for Equinox 2023

Club First Aid

Kate attended a UKA webinar about new first aid requirements, but it was unclear whether first aid training was mandatory for existing run leaders and what category our training will fall within. An FAQ document is to be published in March and guidance will be reviewed at that point.

Risk Assessment

Kate raised the issue of a generic risk assessment being uploaded onto the website. It was agreed that this would be a good idea.

Action: Kate to investigate creating a generic risk assessment, to be uploaded onto the GRC website.

GRC Luxemburg Trip

Matthew informed the committee that there were 12 members going with the club, and 2 more going independently.

Summer Solstice 2023

Sam J gave an update on the Summer Solstice race. The official date of the race will be Friday, 23rd June. Sam will be liaising with Julia with regards to finances associated with the Solstice race, which are to be sorted.

Volunteers will again be needed, and Sam D agreed to be the volunteer co-ordinator.

Sam J informed the committee that various Summer Solstice things were going on in the 'background', with momentum building in the next few weeks.

The idea of asking Dai Greene to start the race, or present prizes was also muted, and it was agreed that further thought would go into this.

2023 GP Series

Sam J reminded the committee that the 2023 GRC GP Series was now live.

Beginners Group

Penny informed the Committee that the update on this year's beginners' group was slow, with 13 signed up at this moment in time. This was despite info being shared with Grantham Journal, and posts on social media platforms. It was agreed that committee members would further share the Facebook post as much as possible, in the hope that the numbers would gradually increase.

It was also agreed that the Beginners certificates would be printed off.

Action: Darren to print off the Beginners completion certificates

Ropsley Run

Paul raised an idea he had of a 'predicted time' run. This would see the member running without a watch and would predict a time they think they will complete the course. The runner closest to their predicted time would win a small prize. Paul proposed the dates of Wednesday 5th April or Wednesday 19th April, and advised the committee that marshals would be required. The committee agreed this was a great idea, and subsequently Paul agreed to start organising this in earnest.

Action: Paul to organise the staging of the GRC 'predicted time' run

Canalathon

Kate agreed to ask the GRC member who organised the 2022 Canalathon if this was going ahead this year and would keep the committee updated.

Date of Next Meeting

It was agreed that the next meeting would be on Tuesday 18th April, at 8pm.



Committee Meeting Minutes

Date: 18th April 2023

Attendees: GRC Committee members

Time: 20.00

1. Apologies

Wendy Smith.

Actions

Task	Description	Responsible	Status
1	Upload updated Policies to the website	AP / KB	Ongoing
2	Charity fund raising ideas for the future	AP	Ongoing
3	Update committee roles and photos on club website	AP / KB	Ongoing
4	Investigate moving the GRC bank account into a higher interest account	JH	Ongoing
5	Help organise a single club training run	PH/SH/SD	Ongoing
6	Investigate creating a generic risk assessment (to be uploaded onto the GRC website)	KM	Ongoing
7	Print off the Beginners completion certificates	DH	Ongoing
8	Review all current club policy documents	AP & MP	Ongoing
9	Upload the reviewed policy documents to the England Athletics portal	DH	Ongoing

10	Purchase 10 new club t-shirts	SD	Ongoing
11	Review new website page content	Committee	Ongoing

2. Minutes of last meeting

The minutes of the last meeting, held on 21st February 2022, were signed off by the committee and previously sent out to all members.

3. Finance

Julia informed the Committee that the balance currently stood at £5,175.22.

Julia also let the Committee know the final figures for the Presentation Evening. Once all outstanding monies had been made (including thank you gift to Richard Hall), Julia calculated that the cost per member to the club was £16.34.

All TR24 refunds have now been completed, and Equinox deposits were being paid by those members wishing to be part of the GRC teams.

Julia also informed the Committee that the ARC membership renewal had been paid, at a cost of £276, and England Athletics membership had also been paid (£150).

4. Membership

Kate provided the membership figures update.

There are currently 227 club members.

First claim members – 218

Second claim members – 7

There are 2 further memberships that are yet to be processed.

Kate also brought up the subject of making a member a Lifetime Member of the club. The Committee was in full agreement that this was a great idea. The Committee was unsure as to whether this was a constitutional matter, which would require actioning at an AGM or EGM, or whether the Committee was able to action this. This would be investigated further.

Addendum from Committee Meeting held on 21st February 2023

Kate pointed out that there was an oversight with regards to the Membership section in the notes from the last Committee meeting, which omitted the fact that the Committee had agreed to a small price increase in the membership cost (£1). This was brought about by England Athletics increasing their 'affiliation' costs.

5. Policies

Andrew and Michelle agreed to review the current club policies, and check that they were up to date.

Action: Andrew and Michelle to review all current club policy documents.

6. Correspondence

Darren reported that England Athletics require the latest policies to be uploaded onto the England Athletics portal. Once the current policies have been reviewed, where applicable Darren will upload the latest policy versions onto the England Athletics portal.

Action: Darren to upload the reviewed policy documents to the England Athletics portal.

7. Club Welfare

Sarah informed the Committee that she is looking for a suitable date to update her safeguarding course, as Kate is currently the only up to date Welfare Officer in the club.

Kate let the Committee know that she would like a dedicated page/area on the club website for welfare-related information.

8. Club Development

Dale and Robin are now LiRF qualified. Also, Kate informed the Committee that a new member, who recently joined the club, is already a qualified run leader.

This brings the number of run leaders in the club to 27.

9. Any Other Business

Club Website

Fraser and Sylv are currently working on a new club WordPress website. Fraser gave a run through/demo of the ongoing test website. He informed the Committee that there were a few

minor things to iron out. Fraser went through all the new menus, area, etc. He also informed the Committee that this was currently a free WordPress edition. The paid version (approx. £85/year) would allow for extra features such as calendars, widgets, extra designs, plugins, etc. The hosting cost a year is £130. The Committee all agreed that the new test website was a massive improvement on the current site and looked brilliant. Further work, and investigation into hosting, etc, would be undertaken.

Action: Committee members to review their relevant pages on the new website, to ensure they are happy with the content.

Kit

Sam (Dodwell) let the Committee know that only 1 t-shirt remained in stock. The price for the t-shirts, through Kukri, was now £39.60. The possibility of getting a fabric sample was raised, to check the quality of the fabric, and Sam agreed to look into this. It was agreed that an order of 10 t-shirts should be made, 2 of each size.

The Committee discussed the pricing of these t-shirts, as the cost seemed to be high to some Committee members. It was agreed that the club would subsidise the cost of these items, which would bring the cost down to £37 for members.

Sam agreed to post a Facebook poll on the GRC Facebook group with regards to gauging interest into the purchase of club t-shirts, and to see if members would be willing to 'pre-order' club t-shirts in readiness for another order.

Sam also let the Committee know that a few vests had been sold recently.

Action: Sam (Dodwell) to purchase 10 new club t-shirts from Kukri.

Canalathon

Kate informed the Committee that the Canal & River Trust were also hosting their own 'Canalathon' in June. The idea of fundraising within the club Canalathon was raised, which would then be presented to the Canal & River Trust. It was felt that this was a good charity to be involved with and could also be a good advert for the club. It was agreed that this would be investigated further.

Summer BBQ

Andrew raised the idea of a club summer BBQ. The idea would be for a family BBQ during the day, followed by some drinks in Grantham afterwards. Several venues were discussed, including Harlaxton village hall and Great Ponton. However, it was felt that a location closer to Grantham town centre would be better for access, drinks afterwards, etc. It was therefore agreed that if this was to happen, then the Tennis Club would be the preferred venue.

Beginners



Penny informed the Committee that there are 65 signed-up for the 2023 Beginners course, with an anticipated 50-55 regular runners.

The beginner's 'graduation' was also raised by Penny, which will be held on Saturday, June 17th. She let the Committee know that the Tennis Club have informed her that they will be charging £150 to host the 2023 graduation evening. This was to cover staff costs, and a general increase in prices. The Committee agreed to cover the costs.

The subject of whether a Welfare Officer(s) should be available to 'cover' the beginner's section was discussed by the Committee. At present there isn't a Welfare Officer taking part in the beginner's course, and as such the beginners are not aware of who the Welfare Officers are, or how to contact them. It was suggested that one of the Run Leaders who runs with the beginners could become a Welfare Officer. Penny agreed to ask the run leaders if any of them were interested, otherwise she agreed to become a Welfare Officer herself.

Penny also asked the Committee whether it was possible for over 16s to join the beginner's course. It was agreed that this would be discussed in the next Committee meeting.

Date of Next Meeting

It was agreed that the next meeting would be on Tuesday 6th June, at 8pm.





Committee Meeting Minutes

Date: 15^h August 2023

Attendees: GRC Committee members

Time: 20.00

1. Apologies

Michelle Parczuk & Penny Hodges.

Not Present: Vicki Ball & Wendy Smith.

Actions

Task	Description	Responsible	Status
1	Upload updated Policies to the website	AP	Ongoing
2	Charity fund raising ideas for the future	AP	Ongoing
3	Investigate moving the GRC bank account into a higher interest account	JH	Ongoing
4	Investigate creating a generic risk assessment (to be uploaded onto the GRC website)	KM	Ongoing
5	Review all current club policy documents	AP & MP	Ongoing
6	Upload the reviewed policy documents to the England Athletics portal	DH	Ongoing
7	Send out info regarding new race in the County	DH	Ongoing
8	Organise the 2024 GRC London Marathon club places ballot	DH	Ongoing
9	Set up a club WhatsApp group	AP	Ongoing

2. Minutes of last meeting

The minutes of the last meeting, held on 6th June 2023, were signed off by the committee.

3. Finance

Julia had investigated moving some of the club funds into higher interest accounts. She suggested that £3000 should be moved to a higher interest account and the rest kept as is. Julia also provided the Committee with applicable bank interest rates and agreed to ring the bank in relation to this in the very near future.

Julia informed the Committee that the balance currently stood at £7,363.24.

This figure did not include some Summer Solstice 'fees' that still require paying, but included the profit made from the Solstice which stands at £1,293.02.

Julia also let the Committee know that 2 members had paid a deposit for the clubs Equinox places but had subsequently dropped out. It was agreed that if these places were subsequently filled, the deposits would be refunded.

4. Membership

Kate informed the Committee of the following membership figures:

First claim members – 232

Second claim members – 8

Life members – 2

5. Policies

No updates provided for this meeting.

6. Correspondence

The club had received the sad news of the passing of former GRC members Marc Tremain. The Committee will pass on condolences to his wife and family.

Darren reported that he had received an email from Trident Sports Events, who had asked if the club could post some information on Facebook and email with regards to a new 5K and 10K road event being launched in November. It was agreed that the club would forward on this information.

Action: Darren to post the new race info, hosted by Trident Sports Events, in the GRC Facebook group and via email.

7. Club Welfare

A club member had asked the Committee if all the appropriate safeguarding accreditations were up to date, as the England Athletics portal appeared to show some were not.

It was agreed that the EA/UKA portal was not clear regarding this, as it was not easy to see the current status of individual accreditations.

Kate agreed to create a spreadsheet, to keep track on individual accreditations.

Kate also informed the Committee that the safeguarding course had now changed, as it was now a combined safeguarding and first aid course.

8. Club Development

No updates provided for this meeting.

9. Kit

Sam (Dodwell) informed the Committee that 55 t-shirts had now been ordered, along with 14 vests, 10 hoodies and 36 buffs. Sam also said he would like to order Hi-Viz vests, and it was agreed that the exact number, and the timescales involved, would be sorted at a later date.

AOB

London Marathon ballot

The 2024 London Marathon club ballot was discussed. Possible changes to the format of the ballot, as raised by a club member on Facebook, were talked over, but it was agreed that the ballot format would remain the same.

However, it was agreed that the ballot draw would take place sooner rather than later (in previous years it sometimes took place at the club AGM), and that the process would begin as soon as possible with a view to performing the ballot at the beginning of September. It was felt

that these timescales would give the ballot winners plenty of time to prepare for the marathon in April.

Although the club had not received 'official' confirmation of its 2 marathon club places, it was agreed that there was no reason whatsoever not to expect to receive these 2 places.

Action: Darren to organise the 2024 GRC London Marathon club places ballot.

Equinox

13 deposits had been paid, with 2 dropping out.

This left the club with 5 places still to fill. Sam agreed to promote Equinox again, but it was also hoped that new members, including those recently joining from the beginners' group, would be interested. Facebook posts and emails would be used to promote the places.

Club WhatsApp Group

Andrew raised the issue of creating a club WhatsApp group, for sending information out in a format other than Facebook. This would be for Committee members to send information, and would not allow for comments, etc. It was agreed that this was a good idea, and Andrew would set this up.

Action: Andrew to setup a club WhatsApp group

Cross Country

Sarah informed the Committee that she now had some information with regards to forthcoming XC fixtures and would send this out to members in due course.

Presentation Evening - 2024

Sam (Jepson) informed the Committee that he was looking at getting a guest speaker for the 2024 Presentation Evening, but this would require booking soon. Therefore, a provisional date of 3rd February was agreed, and Sylv would contact the Masonic Hall as a possible venue.

Club Handicap

The next Club Handicap run was confirmed for Thursday, 7th September, at Ropsley. The Green Man would be contacted with regards to this.

Andrew volunteered to be the timekeeper again.

Associate Membership

Paul raised the idea of a 2-tier membership scheme within the club, which would see the introduction of an 'associate member'. This would allow access to award evenings, and other



benefits but without having to pay the UKA fee. This 'associate member' scheme would be for people that put time and effort into the club, but don't actively run.

Kate agreed to look into this on the EA portal, as it may be possible to add these 'members' as volunteers and thus forego the usual charges.

Beginners

Penny provided some information to the Committee in her absence.

She reported that 43% of the beginners group joined the club, compared to a high of 39% in 2018.

67 participants signed up in total, and 61 started the course.

29 of the beginners group subsequently joined the club.

2023 AGM

A provisional date of Friday, 27th October was agreed for the GRC 2023 AGM. It was felt that moving it to a Friday would encourage more members to attend, as the idea was to make it into a social event afterwards in town. The Grantham Tennis Club was suggested as a venue, but the cost of doing this would be assessed at the next Committee meeting.

Date of Next Meeting

It was agreed that the next meeting would be on Tuesday 3rd October, at 8pm.





Committee Meeting Minutes

Date: 3rd October 2023

Attendees: GRC Committee members

Time: 20.00

1. Apologies

Michelle Parczuk, Penny Hodges, Vicki Ball & Mathew Atter.

Present: Andrew Pask, Darren Harley, Sarah High, Sam Jepson, Sylv Hull, Fraser Marshall, Julia Hallam, Kate Marshall, Wendy Smith, Paul Jepson & Sam Dodwell.

Actions

Task	Description	Responsible	Status
1	Charity fund raising ideas for the future	AP	Ongoing
2	Investigate creating a generic risk assessment (to be uploaded onto the GRC website)	KM	Ongoing
3	Upload the reviewed policy documents to the England Athletics portal	DH	Ongoing
4	Send out Club Constitution and AGM documents to all members	DH	Ongoing

2. Minutes of last meeting

The minutes of the last meeting, held on 15th August 2023, were signed off by the committee.

3. London Marathon draw

The Committee was recently informed that one of the 2024 GRC London Marathon ballot winners was no longer able to take up their club place for the race next year and have very kindly let someone else have their place. The Committee acknowledged that this decision could not have been an easy one and was extremely grateful for the advance notice of this.

Therefore, a further draw took place during the Committee meeting (for those members who were in the original draw).

Matthew Atter was the recipient of a London Marathon club place, with Alan Carley as reserve.

4. Finance

Julia informed the Committee that the balance currently stood at £4,296.98.

The Club now has a 'high interest' account, with a balance of £2001.58, and a 'reserve' account, with a balance of £1036.

Julia also confirmed that the 2023 Summer Solstice returned a profit of £1439.02.

It was also noted that the club will still be 'subbing' the Hi-Viz club tops. This was discussed in detail later in the meeting.

5. Membership

Kate informed the Committee of the following membership figures:

First claim members – 238

Second claim members – 8

Life members – 3

6. Policies

The updated Club Constitution has been updated and will need to be sent out to all members prior to the 2023 AGM. Darren agreed to send these out, along with the AGM Agenda and 2022 AGM Minutes, to all members 14 days prior to the 2023 AGM.

Action: Darren to send out Club Constitution and AGM documents to all members

7. Correspondence

Darren reported that he had received an email from a representative of Strategic Leisure, who were undertaking some research on behalf of South Kesteven. This would be in the form of a Teams meeting, and Darren informed the Committee that he would attempt to organize this meeting post-AGM.

Sam (Jepson) and Darren had also received an email from Bill Taylor, Lincolnshire Athletic Association Committee Member. This was in relation to the Cambridge 10K race, in which Lincolnshire sends a to represent the County. However, with the County expectation for this team being sub 33 minutes 30 seconds for males and sub 39 minutes for females, it was decided not to take this email any further. This email is also on the LAA Facebook group.

8. Club Welfare

No updates provided for this meeting.

9. Club Development

Sarah notified the Committee that she had completed her safeguarding course. The Committee was also informed that there were a couple more club members that were interested in becoming run leaders. Information on how to apply would be sent to these members in due course.

The Committee also discussed the decision by Stefan Hobday (Grantham Athletic Club) to step down from coaching the GAC/GRC track sessions. Fraser informed the Committee that he had heard from GAC, who let him know that GRC members are still able to use the track sessions, but this will not be coach led. The Committee was also assured that these track sessions would fall under GAC insurance.

10. Kit

Sam (Dodwell) informed the Committee that he would like to put another order in, which includes medium-sized kit. £636 would be spent on vests and hoodies. It was agreed that Sam would order this kit.

Sam has also ordered some Hi-Viz vests. These would cost the club £10.80, but it was agreed that these would again be subsidized by the club, meaning they would cost £6 to members.

It was reported by Sam and other Committee members, that the feedback on the new club kit was very positive.

AOB

AGM

The 2023 GRC AGM was confirmed as Friday, 27th October at the Grantham Tennis Club. The idea is for those in attendance to then head into town for a club social.

The Committee was informed that an invoice from the Grantham Tennis Club, to hire out the room, should be received soon.

Fraser raised the subject of broadcasting the event, as he reminded the Committee of the sound issues experienced by those watching the AGM online. This needed clarifying as it was noted that those taking part online would form part of any nomination quorum. It was agreed that, where possible, microphones would be used. It was also agreed that any questions raised in the room on the night would be repeated by Andrew (who would be in receipt of a microphone - or phone) and then relayed back to the live broadcast.

Cross-Country

Sarah informed the Committee that she will soon be promoting the National Cross-Country Relays, which take part on 4th November. Sarah will also be promoting the first North Midlands cross country race too.

It was agreed within the Committee that if a member was to put their name down for a cross-country race, then this would be taken as an act of commitment to run. This is to try and stop last-minute dropouts, which has occurred in previous Cross-Country races.

Thunder Run

Sam (Dodwell) let the Committee know that the Thunder Run entry date was to be announced soon.

The question of how many teams the club should purchase was raised. It was agreed to be cautious on this, and for the club to purchase 2 teams of 8 in the first instance (more teams can be added in the future if required). It was also agreed that interest would be gauged from members for the Thunder Run, and deposits asked for straight away.

Date of Next Meeting

It was agreed that the next meeting would be the AGM, on Friday 27th October.



Committee Meeting Minutes

Date: 21st November 2023

Attendees: GRC Committee members

Time: 20.00

1. Apologies

Sam Jepson & Mathew Atter.

Present: Andrew Pask, Darren Harley, Sarah High, Sylv Hull, Fraser Marshall, Penny Hodges, Vicki Ball, Julia Hallam, Kate Marshall, Paul Jepson, Sam Dodwell, Zoe Wragg & Richard Payne.

Actions

Task	Description	Responsible	Status
1	Charity fund raising ideas for the future	AP	Ongoing
2	Upload the reviewed policy documents to the England Athletics portal	DH	Ongoing
3	Send out Club Constitution and EGM documents to all members	DH	Ongoing
4	Inform all members that the club had purchased TR24 teams and send out any relevant TR24 information	AP	Ongoing
5	Seek further advice on the legal status of the club	FM	Ongoing
6	Organize an addition run leader to assist with the 2024 Beginners Group	PH	Ongoing
7	Drum up interest in new run leaders	PH	Ongoing

8	Complete the minutes of the 2023 AGM for review	DH	Ongoing
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2. Minutes of last meeting

The minutes of the last meeting, held on 3rd October 2023, were signed off by the committee.

3. Finance

Julia informed the Committee that the balance currently stood at £4,135.10.

The Club now has a 'high interest' account, with a balance of £2,007.20, and a 'reserve' account, with a balance of £1,001.63.

Christmas Dinner Dance

41 deposits had now been received, and 23 balances received, giving a total of £1,234.00.

TR24

4 deposits had been paid, giving a total of £182.50. At present, this represents a loss of £1,053.50.

It was agreed that a Facebook Event for TR24 would be created, and members informed that the club had purchased teams.

Action: Andrew to inform all members that the club had purchased TR24 teams and send out any relevant information with regards to TR24.

4. Membership

Kate informed the Committee of the following membership figures:

First claim members – 245

Second claim members – 8

Life members – 3

There were also 2 outstanding membership queries that were currently being investigated.

5. Policies

Club Constitution

Fraser has been working on the Club Constitution with Rob McCardle and has now created a further draft document, following comments kindly provided by Peter Bonner. This new draft document will need to be reviewed. The legal status of the club will need to be discussed further, and it was agreed that the Committee would seek guidance from Peter on this matter.

Action: Fraser to seek further advice on the legal status of the club

EGM

An EGM would be needed to discuss the new Club Constitution and the possible change of club status. It was agreed that this would be the only item on the club EGM. The EGM invite would be open to all members. The Committee agreed that the EGM should take place early in the New Year. An exact date will be discussed at the next Committee meeting.

6. Correspondence

No updates provided for this meeting.

7. Club Welfare

No updates provided for this meeting.

8. Club Development

The Committee was informed that Chris Limmer had requested that he be removed from the list of club coaches. Sam (Dodwell) informed the Committee that he will be continuing to take the Tuesday training sessions originally taken by Chris.

Penny informed the Committee that another LiRF was required to help with the Beginners Group. The Committee agreed with this.

Action: Penny to organize an addition run leader to assist with the Beginners Group.

Fraser commented that it appears that the same run leaders are covering for sessions, especially the 5K sessions. He re-iterated the need for more run leaders for 5K training sessions, where the

numbers attending the sessions was growing (partly due to ex-Beginners deciding to stay at that distance, rather than the 10K training sessions).

It was agreed that the Committee would advertise for new run leaders, with the intention of helping with the 5K run groups.

Action: Penny to drum up interest in new run leaders

9. Kit

Sam (Dodwell) informed the Committee that he had received a delivery of some more club hoodies and vests.

AOB

2023 AGM

The Committee agreed that the format of the 2023 AGM appeared to work OK, with the length of the meeting being about right. Only 2 people were online during the AGM, which surprised members of the Committee.

Action: Darren to complete the minutes of the 2023 AGM for review

Awards Presentation Evening

A provisional date of Saturday, 3rd February 2024 was set for the Awards Presentation evening. It was agreed that this would take place at the Masonic Hall. Sylv is to contact the Masonic Hall with regards to this, and it was agreed that a sub-committee would be formed to organise the event.

Club GP

Sam (Jepson) provided the following information in his absence.

The GP series continues to heat up and chop and change with 3 rounds left. Participation in at least one event has never been higher, with 472 races scored throughout the year. The Men's GP remains wide open.

Vicki also informed the Committee that she is in the process of constructing the early part of the 2024 GP Series. Discussions are ongoing in the GP sub-committee for the remainder of the 2024 series.

Summer Solstice 2024

Sam (Jepson) provided the following information in his absence.

The 2024 Summer Solstice will take place on Friday, 21st June.



Christmas Lights Run

It was agreed that a route would be sorted in due course, and sufficient run leader cover organised. Kate agreed to load the run onto RunTogether, and the date for the run was set for Thursday, 21st December.

Christmas Eve Run

It was agreed that the club would organise the Christmas eve runs again this year, with a 5K/10K run earlier in the day, and a longer run later in the day. Kate agreed to create a route for the shorter run, and Sarah would do likewise for the longer run.

Club Container

Paul commented that the club container needed tidying up and some of the contents sorting out, as a matter of urgency. It was agreed that this would be looked at in the Spring.

Date of Next Meeting

It was agreed that the next meeting would be on Tuesday, 9th January 2024 at 8pm.

